

## APA 7<sup>th</sup> Edition Referencing and Citation Quick Guide

This table serves as the summary of the commonly needed referencing and citation format according to the APA Publication Manual (7<sup>th</sup> Edition). You may refer to the full manual or follow the key information from <https://apastyle.apa.org/style-grammar-guidelines/references/examples#textual-works>.

Types	In-text Citations	Reference List
<b>Book &amp; eBook with DOI</b>	(Ewert et al., 2014) or According to Ewert et al. (2014)	Ewert, E. W., Mitten, D. S., & Overholt, J. R. (2014). <i>Natural environments and human health</i> . CABInternational. <a href="https://doi.org/10.1079/9781845939199.0000">https://doi.org/10.1079/9781845939199.0000</a>  Note: Include the DOI using the format <a href="https://doi.org/10.xxxx/xxxx">https://doi.org/10.xxxx/xxxx</a>
<b>Book &amp; eBook without DOI</b>	(Foxall, 2018) Or According to Foxall (2018)	Foxall, G. R. (2018). <i>Context and cognition in consumer psychology: How perception and emotion guide action</i> . Routledge.  Note: Do not include the database name or URL. Also note that in the 7 <sup>th</sup> edition, the place of publication is no longer needed. Only publisher's name is included.
<b>Chapter in an edited book or eBook</b>	(Aron et al., 2019) Or Aron et al. (2019)	Aron, L., Botella, M., & Lubart, T. (2019). Culinary arts: Talent and their development. In R. F. Subotnik, P. Olszewski-Kubilius, & F. C. Worrell (Eds.), <i>The psychology of high performance: Developing human potential into domain-specific talent</i> (pp. 345–359). American Psychological Association. <a href="https://doi.org/10.1037/0000120-016">https://doi.org/10.1037/0000120-016</a>  Note: Use this format for both print and eBook edited book chapters, including edited book chapters from academic research databases. Include DOI if online. Please also take note how the names are given for the Editors, the initials come first.
<b>Article with DOI from research databases</b>	(Washington, 2014) Or According to Washington (2014)	Washington, E. T. (2014). An overview of cyberbully in higher education. <i>Adult Learning</i> , 26(1), 21–27. <a href="https://doi.org/10.1177/1045159514558412">https://doi.org/10.1177/1045159514558412</a>  Note: For journals, we italicise the Journal Name and Volume, instead of the article title. Always find articles from prominent research databases instead of some random websites, as they may be predatory or fake.



<p><b>Article without DOI:</b> From research databases, or From a Print journal</p>	<p>(Moody, 2019) Or According to Moody (2019)</p>	<p>Moody, M. S. (2019). If instructional coaching really works, why isn't it working? <i>Educational Leadership</i>, 77(3), 30–35.</p> <p><b>Note:</b> There is no need to include the retrieved date.</p>
<p><b>Open access journal article without DOI</b></p>	<p>(Dayton, 2019) Or According to Dayton (2019)</p>	<p>Dayton, K. J. (2019). Tangled arms: Modernizing and unifying the arm-of-the-state doctrine. <i>The University of Chicago Law Review</i>, 86(6), 1497–1737. <a href="https://bit.ly/2SkWwcy">https://bit.ly/2SkWwcy</a></p> <p><b>Note:</b> Include the URL for articles, you can use URL shortener (e.g. bit.ly, tinyurl.com) if the URL is too long. But the link must be accessible and directly point to the article.</p>
<p><b>Conference paper presentation (not published as a book, chapter, or in a journal)</b></p>	<p>(Mason &amp; Missingham, 2019) Or According to Mason and Missingham (2019)</p>	<p>Mason, I., &amp; Missingham, R. (2019, October 21–25). <i>Research libraries, data curation, and workflows</i> [Paper presentation]. eResearch Australasia Conference, Brisbane, QLD, Australia. <a href="https://bit.ly/2RGcFdn">https://bit.ly/2RGcFdn</a></p> <p><b>Note:</b></p> <ol style="list-style-type: none"> <li>1. Provide the full dates of the conference</li> <li>2. Describe the presentation in square brackets after the title. The description is flexible (e.g., “[Conference session],” “[Paper presentation],” “[Poster session],” “[Keynote address]”).</li> <li>3. Include the name of the conference and its location as shown above.</li> <li>4. Provide link to the presentation materials (e.g. PDF, video, etc).</li> </ol>
<p><b>Conference proceedings published in a journal</b></p>	<p>(Duckworth et al., 2019) Or According to Duckworth et al. (2019)</p>	<p>Duckworth, A. L., Quirk, A., Gallop, R., Hoyle, R. H., Kelly, D. R., &amp; Matthews, M. D. (2019). Cognitive and noncognitive predictors of success. <i>Proceedings of the National Academy of Sciences</i>, USA, 116(47), 23499–23504. <a href="https://doi.org/10.1073/pnas.1910510116">https://doi.org/10.1073/pnas.1910510116</a></p> <p><b>Note:</b> Normally Journals will indicate the Proceedings title, if not given, then please cite the source like a Journal with DOI as shown above instead of conference proceedings.</p>
<p><b>Conference proceedings published as a book chapter</b></p>	<p>(Bedenel et al., 2019) Or According Bedenel et al. (2019)</p>	<p>Bedenel, A.-L., Jourdan, L., &amp; Biernacki, C. (2019). Probability estimation by an adapted genetic algorithm in web insurance. In R. Battiti, M. Brunato, I. Kotsireas, &amp; P. Pardalos (Eds.), <i>Lecture notes in computer science: Vol. 11353. Learning and intelligent optimization</i> (pp. 225–240). Springer. <a href="https://doi.org/10.1007/978-3-030-05348-2_21">https://doi.org/10.1007/978-3-030-05348-2_21</a></p> <p><b>Note:</b> This follows the Chapter in a Book format, with the inclusion of DOI.</p>



<p><b>Report by a Government Agency</b></p>	<p>National Cancer Institute (2019) Or According to National Cancer Institute (2019)</p>	<p>National Cancer Institute. (2019). <i>Taking time: Support for people with cancer</i> (NIH Publication No. 18-2059). U.S. Department of Health and Human Services, National Institutes of Health. <a href="https://www.cancer.gov/publications/patient-education/takingtime.pdf">https://www.cancer.gov/publications/patient-education/takingtime.pdf</a></p> <p>Note: The specific agency responsible for the report appears as the author. The link to the report should be given. If publication number is given, then include it as well.</p>
<p><b>White Paper by a group of author</b></p>	<p>(Department for Business Innovation &amp; Skills, 2016) Or According to Department for Business Innovation &amp; Skills (2016)</p>	<p>Department for Business Innovation &amp; Skills. (2016). <i>Success as a knowledge economy: Teaching excellent, social mobility and student choice</i> [White paper]. Crown. <a href="https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/523396/bis-16-265-success-as-a-knowledge-economy.pdf">https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/523396/bis-16-265-success-as-a-knowledge-economy.pdf</a></p> <p>Note: Include the description “[White paper]” in square brackets after the title of the white paper.</p>
<p><b>White paper with individual authors</b></p>	<p>(Furst &amp; DeMillo, 2006) Or According to Furst and DeMillo (2006)</p>	<p>Furst, M., &amp; DeMillo, R. A. (2006). <i>Creating symphonic-thinking computer science graduates for an increasingly competitive global environment</i> [White paper]. Georgia Tech College of Computing. <a href="https://cis.temple.edu/~giorgio/threads_whitepaper.pdf">https://cis.temple.edu/~giorgio/threads_whitepaper.pdf</a></p> <p>Note: If individual authors, then list the authors accordingly like other publications.</p>
<p><b>Published Dissertation or Thesis</b></p>	<p>(Miranda, 2019) Or According to Miranda (2019)</p>	<p>Miranda, C. (2019). <i>Exploring the lived experiences of foster youth who obtained graduate level degrees: Self-efficacy, resilience, and the impact on identity development</i> (Publication No. 27542827) [Doctoral dissertation, Pepperdine University]. PQDT Open. <a href="https://pqdtopen.proquest.com/doc/2309521814.html?FMT=AI">https://pqdtopen.proquest.com/doc/2309521814.html?FMT=AI</a></p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. A dissertation or thesis is considered published when it is available from a database such as ProQuest Dissertations and Theses Global or PDQT Open, an institutional repository, or an archive.</li> <li>2. If the database assigns publication numbers to dissertations and theses, include the publication number in parentheses after the title of the dissertation or thesis without italics.</li> <li>3. Include the description “Doctoral dissertation” or “Master’s thesis” followed by a comma and the name of the institution that awarded the degree. Place this information in square brackets after the dissertation or thesis title and any publication number.</li> </ol>



<p><b>Unpublished Dissertation or Thesis</b></p>	<p>(Harris, 2014) Or According to Harris (2014)</p>	<p>Harris, L. (2014). <i>Instructional leadership perceptions and practices of elementary school leaders</i> [Unpublished doctoral dissertation]. University of Virginia.</p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. A dissertation or thesis is considered as unpublished when you gain access through direct reading at specific library/repository but not accessibly publicly. If you find it online following published dissertation or thesis reference shown above.</li> <li>2. When a dissertation or thesis is unpublished, include the description “[Unpublished doctoral dissertation]” or “[Unpublished master’s thesis]” in square brackets after the dissertation or thesis title.</li> </ol>
<p><b>Newspaper article - Online</b></p>	<p>(Carey, 2019) Or According to Carey (2019)</p>	<p>Carey, B. (2019, March 22). Can we get better at forgetting? <i>The New York Times</i>. <a href="https://www.nytimes.com/2019/03/22/health/memory-forgetting-psychology.html">https://www.nytimes.com/2019/03/22/health/memory-forgetting-psychology.html</a></p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. The article must be with author and specific date.</li> <li>2. Only the newspaper name is italicised.</li> </ol>
<p><b>Newspaper article - Printed</b></p>	<p>(Harlan, 2013) Or According to Harlan (2013)</p>	<p>Harlan, C. (2013, April 2). North Korea vows to restart shuttered nuclear reactor that can make bomb-grade plutonium. <i>The Washington Post</i>, A1, A4.</p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. The article must be with author and specific date.</li> <li>2. Only the newspaper name is italicised.</li> <li>3. The pages of the article must be listed according to how it is labelled in the newspaper as shown above A1, A4.</li> </ol>
<p><b>Magazine article - Online</b></p>	<p>(Schaefer &amp; Shapiro, 2019) Or According to Schaefer and Shapiro (2019)</p>	<p>Schaefer, N. K., &amp; Shapiro, B. (2019, September 6). New middle chapter in the story of human evolution. <i>Science</i>, 365(6457), 981–982. <a href="https://doi.org/10.1126/science.aay3550">https://doi.org/10.1126/science.aay3550</a></p> <p>Schulman, M. (2019, September 9). Superfans: A love story. <i>The New Yorker</i>. <a href="https://www.newyorker.com/magazine/2019/09/16/superfans-a-love-story">https://www.newyorker.com/magazine/2019/09/16/superfans-a-love-story</a></p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. Online magazine article follows similar style as Journal but with a specific date.</li> <li>2. If the magazine article does not have volume, issue, and/or page numbers, then omit them as shown in the Schulman example.</li> </ol>



<p><b>Magazine article - Printed</b></p>	<p>(Lyons, 2009) Or According to Lyons (2009)</p>	<p>Lyons, D. (2009, June 15). Don't 'iTune' us: It's geeks versus writers. Guess who's winning. <i>Newsweek</i>, 153(24), 27.</p>
<p><b>Webpage</b></p>	<p>(Bologna, 2019) Or According to Bologna (2019)</p>	<p>Bologna, C. (2019, October 31). <i>Why some people with anxiety love watching horror movies</i>. HuffPost. <a href="https://www.huffpost.com/entry/anxiety-love-watching-horror-movies_1_5d277587e4b02a5a5d57b59e">https://www.huffpost.com/entry/anxiety-love-watching-horror-movies_1_5d277587e4b02a5a5d57b59e</a></p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. You are advised to only use webpages with clear indication of authors and date of publication.</li> <li>2. The name of the website (e.g. HuffPost) should be included before the URL.</li> <li>3. No retrieval date is needed when date of publication is given.</li> </ol>
<p><b>Webpage with no date of publication.</b></p>	<p>(U.S. Census Bureau, n.d.) Or According to U.S. Census Bureau (n.d.)</p>	<p>U.S. Census Bureau. (n.d.). <i>U.S. and world population clock</i>. U.S. Department of Commerce. Retrieved January 9, 2020, from <a href="https://www.census.gov/popclock/">https://www.census.gov/popclock/</a></p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Use (n.d.) when no date is given.</li> <li>2. Since no date is given, then you must include the retrieval date as shown above. Give the date when you access the page or download the material.</li> </ol>
<p><b>PowerPoint Slide or Lecture Note</b></p>	<p>(Jones, 2016) Or According to Jones (2016)</p>	<p>Jones, J. (2016, March 23). <i>Guided reading: Making the most of it</i> [PowerPoint slides]. SlideShare. <a href="https://www.slideshare.net/hellojenjones/guided-reading-making-the-most-of-it">https://www.slideshare.net/hellojenjones/guided-reading-making-the-most-of-it</a></p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. When the slides are available online to anyone, provide the site name on which they are hosted in the source element of the reference, followed by the URL of the slides.</li> <li>2. Note that the date is also given. Refer to the date when the slides are uploaded (shown on the website)</li> </ol>



<p><b>YouTube Video</b></p>	<p>(Asian Boss, 2020) Or Asian Boss (2020).</p>	<p>Asian Boss. (2020, June 5). <i>World's leading vaccine expert fact-checks COVID-19 vaccine conspiracy: Stay curious #22</i> [Video]. YouTube. <a href="https://www.youtube.com/watch?v=WQdLDMLrYIA">https://www.youtube.com/watch?v=WQdLDMLrYIA</a></p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Use the name of the account that uploaded the video as the author. If the author uses his/her name, then the naming follows Surname, Initials convention like the rest.</li> <li>2. Include the description “[Video]” in square brackets after the title.</li> </ol>
<p><b>YouTube channel</b></p>	<p>(APA Publishing Training, n.d.) Or APA Publishing Training (n.d.)</p>	<p>APA Publishing Training. (n.d.). <i>Home</i> [YouTube channel]. Retrieved February 20, 2020, from <a href="https://www.youtube.com/user/PSYCIINFO/">https://www.youtube.com/user/PSYCIINFO/</a></p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. YouTube channel pages begin on the “Home” tab by default. If you want to cite one of the other tabs (e.g., “Videos,” “Playlists”), use the name of that tab rather than “Home” in the title element of the reference.</li> <li>2. Include the description “[YouTube channel]” in square brackets after the title.</li> <li>3. Provide a retrieval date because the content is designed to change over time and is not archived.</li> </ol>
<p><b>Film</b></p>	<p>(Fleming, 1939) Or Fleming (1939)</p>	<p>Fleming, V. (Director). (1939). <i>Gone with the wind</i> [Film]. Selznick International Pictures; Metro-Goldwyn-Mayer.</p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Provide the director in the author element of the reference, followed by the notation “(Director).”</li> <li>2. Provide the production company or companies in the source element of the reference. Separate multiple production companies with a semicolon.</li> </ol>
<p><b>TV series</b></p>	<p>(Serling, 1959–1964) Or Serling (1959–1964)</p>	<p>Serling, R. (Executive Producer). (1959–1964). <i>The twilight zone</i> [TV series]. Cayuga Productions; CBS Productions.</p> <p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Provide the executive producer(s) in the author element of the reference.</li> <li>2. Provide the year(s) during which the series aired in the date element of the reference.</li> <li>3. If the series is still airing at the time you are writing the paper, replace the second year with “present”: (2017–present).</li> </ol>



<p><b>Facebook post</b></p>	<p>(News from Science, 2019) Or News from Science (2019)</p>	<p>News From Science. (2019, June 21). <i>Are you a fan of astronomy? Enjoy reading about what scientists have discovered in our solar system—and beyond?</i> This [Image attached] [Status update]. Facebook. <a href="https://www.facebook.com/ScienceNOW/photos/a.117532185107/10156268057260108/?type=3&amp;theater">https://www.facebook.com/ScienceNOW/photos/a.117532185107/10156268057260108/?type=3&amp;theater</a></p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. Use the name associated with the account as the name in the reference.</li> <li>2. Provide the specific date of the post.</li> <li>3. Provide the first 20 words of the post as the title. Count a URL or other link, a hashtag, or an emoji as one word each, and include them in the reference if they fall within the first 20 words. Do not italicize emojis.</li> <li>4. If a post includes images, videos, thumbnail links to outside sources, or content from another post (such as when sharing a link), indicate that in square brackets.</li> <li>5. Describe the post type (e.g., “[Status update],” “[Video]”) in square brackets after any description of attached content.</li> </ol>
<p><b>Instagram photo or video</b></p>	<p>(Philadelphia Museum of Art, 2019) Or Philadelphia Museum of Art (2019)</p>	<p>Philadelphia Museum of Art [@philamuseum]. (2019, December 3). <i>It's always wonderful to walk in and see my work in a collection where it's loved, and where people are</i> [Photograph]. Instagram. <a href="https://www.instagram.com/p/B5oDnnNhOt4/">https://www.instagram.com/p/B5oDnnNhOt4/</a></p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. Present the name of the individual or group author the same as you would for any other reference. Then provide the Twitter handle (beginning with the @ sign) in square brackets, followed by a period.</li> <li>2. Provide the specific date of the post.</li> <li>3. Provide the first 20 words of the post as the title. Count a URL or other link, a hashtag, or an emoji as one word each, and include them in the reference if they fall within the first 20 words. Do not italicize emojis.</li> <li>4. Include a description of the post (e.g., “[Photo],” “[Video]”) in square brackets after the title.</li> <li>5. The same format is used for TikTok videos.</li> </ol>
<p><b>Tweet</b></p>	<p>(APA Databases, 2020) Or APA Databases (2020)</p>	<p>APA Databases [@APA_Databases]. (2020, September 2). <i>We have curated a collection of journal articles from APA PsycArticles on #COVID19. View: https://bit.ly/2QrWj76 for recent coverage</i> [Image attached] [Tweet]. Twitter. <a href="https://twitter.com/APA_Databases/status/1301175576703664128">https://twitter.com/APA_Databases/status/1301175576703664128</a></p> <p>Notes:</p> <ol style="list-style-type: none"> <li>1. Present the name of the individual or group author the same as you would for any other reference. Then provide the Twitter handle (beginning with the @ sign) in square</li> </ol>



		<p>brackets, followed by a period.</p> <ol style="list-style-type: none"><li>2. Provide the specific date of the post.</li><li>3. Provide the first 20 words of the post as the title. Count a URL or other link, a hashtag, or an emoji as one word each, and include them in the reference if they fall within the first 20 words. Do not italicize emojis.</li><li>4. If the tweet includes an image, a video, a poll, or a thumbnail image with a link, indicate that in brackets after the title: [Image attached], [Video attached], [Thumbnail with link attached].</li><li>5. Include the description “[Tweet]” in square brackets after the title.</li></ol>
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